

ANZAC DAY

Table with 4 columns: Team, Goals, Behind, Points. Rows: CENTRAL, EAGLES.

BEST - Central: Williams, Collier, Symes, Marschall, Goodrem, Boyd. Eagles: Goldsworthy, Rowntree, Jarrad, Toumpas, Staple.

SCORERS - Central: Williams 4.0, Westhoff 3.1, Sansbury 2.0, Nason 1.1, Symes, Hardy, Vater 1.0, Boyd, Goodrem 0.1, rushed 0.2. Eagles: Toumpas 2.0, Hall 1.2, Jarrad, Staple 1.1, Raymond, Sumner, Grocke, Ellis-Yolmen, Kane, Goldsworthy, Cicolella 1.0, Lewis, Lindsay 0.1.

REPORT - Central: Westhoff, for allegedly striking in the third quarter.

UMPIRES - G. Fila, C. Bowen, R. Hundertmark.

CROWD - 4054 at Unleash Solar Oval.

BOB QUINN MEDAL - Ryan Williams (Central).

FRIDAY

Table with 4 columns: Team, Goals, Behind, Points. Rows: GLENELG, STURT.

BEST - Glenelg: Rudolph, McGinty, Allen, Kirkby, Milne, Lynch. Sturt: Sheedy, Kane, Crane, Thomson.

SCORERS - Glenelg: Kirby 4.2, Hitchcock 4.1, Holmes 3.0, Hender, Milne 2.0, Davenport 1.2, Mules 1.0, Trembath, Lally 0.2, Tenace 0.1. Sturt: McIntyre 2.2, Sharples, Jenkins 1.2, Duldig, Kerridge 1.1, Crane, Thomson, Greenslade 1.0, Kane 0.1.

UMPIRES - M. Avon, T. Medlin, J. Ralston.

CROWD - 5820 at Gliderol Stadium.

Table with 4 columns: Team, Goals, Behind, Points. Rows: NORWOOD, NORTH.

BEST - Norwood: Dawe, Jericho, Suckling, Thomas, Terlich, Fuller. North: Allan, Bennett, Thring, Blee.

SCORERS - Norwood: Jericho 6.4, Phillips, Fuller 2.0, Warren, Dawe 1.1, Zorzi, Evans 1.0, Donohue, Thomas 0.2, Clarke, Aish 0.1, rushed 0.3. North: Moore 2.0, Boras, Thiele, Mayes 1.1, Allan, Clinch, Delvins, Ryswyk 1.0, Bennett 0.1, rushed 0.2.

INJURIES - Norwood: Jonas (knee).

UMPIRES - T. Dey, M. Crosby, M. Schramm.

SATURDAY

Table with 4 columns: Team, Goals, Behind, Points. Rows: SOUTH, MAGPIES.

BEST - South: Liddle, Stribling, Houlihan, Cross, Veide, Ainger, Bass, Wundke. Magpies: Ebert, Dolling, Cockshell, Meiklejohn, McKenzie.

SCORERS - South: Wundke 5.3, Ainger 3.2, Rolfe 3.1, Hourigan 2.1, Stribling, Liddle, O'Shea 2.0, Cross, Dowdell 1.0, Bollenhagen 0.2, Carey 0.1. Magpies: Ebert 5.1, Cockshell 4.1, Gray 2.2, Summerton 2.1, Clayton 1.2, Grove, McKenzie, Meiklejohn 1.0, Rose 0.2, Biacsi, Kirkwood, Erskine 0.1, rushed 0.2.

INJURIES - South: McNamara (leg), Rolfe (hip).

UMPIRES - S. Thompson, L. Haussen, C. Deboy.

CROWD - 1697 at Hickenbotham Oval.

DRAW

ROUND 7 - Friday: Norwood v Glenelg (Coopers Stadium, 7.40pm), South Adelaide v Eagles (Hickenbotham Oval, 7.40pm). Saturday: West Adelaide v Port Magpies (City Mazda Stadium, 2.10pm), Sturt v North Adelaide (Commander Centre Oval, 2.10pm). Bye: Central District.

PREMIERSHIP TABLE

Table with 8 columns: Team, P, W, L, D, F, A, Pc, Pts. Rows: Norwood, Glenelg, West, Central, South, North, Sturt, Port, Eagles.

LEADING GOALKICKERS

Table with 3 columns: Name, Rd 6, Total. Rows: A. Ainger, P. Rolfe, L. Jericho, J. Trembath, E. Sansbury, J. Hardy.

RESERVES

Central 12.7 (79) d Eagles 12.5 (77), Sturt 12.11 (83) d Glenelg 9.12 (66), Norwood 18.16 (124) d North 5.8 (38), Magpies 18.7 (115) d South 11.2 (68). Ladder: Norwood, North 8, Magpies, Sturt 6, Glenelg, West Adelaide, Central District 4, South, Eagles 2.

UNDER-18

Magpies 27.10 (172) d South 12.6 (78), Sturt 24.17 (161) d Glenelg 10.9 (69), Eagles 10.15 (75) d Central 8.9 (57), Norwood 14.9 (93) d North 10.7 (67). Ladder: Norwood, North 8, Eagles 6, Sturt, North, Magies, Glenelg 4, Central 2, South 0.

SANFL PLAYER OF THE YEAR

Eagles v Central

Table with 2 columns: Name, Points. Rows: Ryan Williams (Central), Tom Collier (Central), Matthew Goldsworthy (Eagles).

Glenelg v Sturt

Table with 2 columns: Name, Points. Rows: Sam Rudolph (Glenelg), Warrick McGinty (Glenelg), Ty Allen (Glenelg).

Norwood v North

Table with 2 columns: Name, Points. Rows: James Allan (North), Brady Dawe (Norwood), Luke Jericho (Norwood).

South v Magpies

Table with 2 columns: Name, Points. Rows: Nick Liddle (South), Toby Stribling (South), Brett Ebert (Magpies).

LEADERS - 10: Nick Liddle (South). 6: Nathan Batsanis (Norwood), Joel Cross (South). 5: Chris Schmidt (West), James Allan (North). 4: Adam Hartlett (West), Brad Symes (Central).

Tigers make their own luck with dash

WARREN PARTLAND

GLENELG bounced back from last week's loss to South Adelaide - its first this season - with a convincing 49-point victory over a disappointing Sturt at Brighton Rd last night.

Forced to come from behind at half-time, the Tigers turned up the heat with an emphatic performance to inflict the Double Blues' second loss in as many weeks.

The Tigers kicked 13.5 to 3.5 in the second half to emphasise their domination after half-time. They have now won four from five.

This was a battle which promised plenty and the early minutes gave every indication it was going to be a test of character and persistence.

Glenelg's defensive pressure unsettled the visitors, key position player Daniel Kirk was a worry for Sturt with his strong marking and Sam Rudolph was prominent in defence.

The Double Blues' first goal did not come until 19 minutes into the match when former Tiger Matthew Duldig leaped like a gazelle to pull down a strong mark and goal from the set

shot. Tim McIntyre goaled immediately after to level the scores.

Sturt had the ascendancy early in the second term, getting numbers around the ball and finding cohesion and method with their movement.

Crows-listed Josh Jenkins, playing with passion and anger, claimed a sensational mark six minutes into the quarter and his subsequent goal enabled the Double Blues to secure a 13-point advantage, but they wasted promising scoring chances.

Trailing by 12 points at half-time, the Tigers lifted the intensity to challenge the Double Blues with superior desire and workrate.

With a flood of possession, the home side surged forward in waves with decisive movement. And deep in attack it was Cameron Hitchcock and Ruory Kirkby terrorising Sturt's defence.

It had become Glenelg's night with kicks off the ground resulting in goals and mis-kicks finding a team-mate. But any fortunate moments were reward for the tireless efforts and the desperation.

A helping hand from legend in the family

WARWICK GREEN MELBOURNE

WHEN Terry Milera was overlooked in the 2010 national draft, he didn't have to look far for advice.

Bitterly disappointed not to hear his name called out, the Port Magpies forward looked across the living room for solace from his partner, Rachel, and guidance from her brother, Gavin. As in 1993 Brownlow medallist Gavin Wanganeen.

"I went over and said 'look, you're still young enough and AFL teams are always looking for good mature-age players, so I'm happy to spend a pre-season with you doing some leg-strengthening work'," Wanganeen said. "Just to get him stronger around the hips and more explosive."

That summer, Wanganeen - who won two premierships during his 300-game career with Essendon and Port Adelaide - oversaw two weight sessions a week with Milera, helping him add about 10kg in muscle. "He ended up improving his squats from about 50kg up to about 110kg," Wanganeen recalled.

At the time Milera said he noticed "more power in my legs to get to more contests and, once I got the ball, I could run with it more".

Wanganeen also attended many of Milera's SANFL matches and mentored him through the 2011 season.

Early in the week, Milera would bring over a videotape of the weekend's game and the pair would comb through it.

"I was just pointing out some of the things he needed to be doing, some feedback on some of the areas he needed to work harder on," Wanganeen said.

"Just general stuff that an old, seasoned campaigner like myself

would know. With Terry, a lot of it was just believing in himself, to take them on."

Twelve months after being overlooked, Milera, 24, and Northern Bullants goalsneak Ahmed Saad were taken by St Kilda in a trade of draft picks (25 for 20) with Greater Western Sydney.

Milera made a surprise debut in round 1 and has played every game so far, averaging more than 15 disposals as a small forward. He has added a touch of silky unpredictability to the Saints attack.

"I'm very excited for him, how he's been going," Wanganeen said. "There are some good signs.

"He's got some great role models at the club, and he should look to pick up little bits of their game and add them to his own game.

"I said to him the other day it was worth just watching how Lenny Hayes goes about it, and making sure some of that hard in-and-under, head-over-the-footy courageous stuff was part of his game, as well as the run and carry.

"I saw him do that on the weekend (against Fremantle) and he ended up getting a free kick out of it, which was the most exciting moment of his four games for me.

"He's got a good head on his shoulders. He's willing to work, he's willing to learn."

Wanganeen believes if Milera can improve his consistency and endurance, he can become an important player for the Saints.

"(Consistency) is what he's worked hard on and, being in the AFL system, I'm sure the coaches down at St Kilda will help make sure that's his focus," Wanganeen said.

"(And) you can always build on a motor. With a year of AFL footy under his belt he'll develop that even more and build on an aerobic base."