

Times changing with ROUND 23 Tigers on way up

PREMIERSHIP TABLE

	P	W	L	D	F	A	Pc	Pts
Central	20	17	3	-	2160	1274	62.9	34
Eagles	20	16	4	-	1846	1356	57.4	32
Sturt	20	12	8	-	1782	1497	54.4	24
North	20	12	8	-	1816	1779	50.5	24
West	20	8	12	-	1491	1875	44.3	16
Port	20	7	13	-	1605	1707	48.7	14
Glenelg	20	7	13	-	1517	1800	45.7	14
South	20	7	13	-	1455	1834	44.2	14
Norwood	20	4	16	-	1405	1955	41.8	8

THIS WEEK'S DRAW

Sunday - Elimination final: North v West (Adelaide Oval, 12.15pm). Qualifying final: Eagles v Sturt (Adelaide Oval, 3.10pm).

LEADING GOALKICKERS

		Rd 23	Total
D. Schell	(Central)	4.2	63.32
D. Hargraves	(North)	5.4	57.26
B. Chambers	(Sturt)	-	50.30
R. Tregenza	(South)	0.1	39.26
S. Phillipou	(Eagles)	3.2	35.10
V. Rugolo	(Eagles)	1.4	33.24

RESERVES

Glenelg 22.6 (138) d Norwood 8.9 (57), Eagles 17.10 (112) d Port 8.10 (58), Central 19.9 (123) d West 7.11 (53), South 12.14 (86) d North 6.7 (43).

Premiership table: South 33, Central, Eagles 26, North 25, Sturt 24, Glenelg 17, Port 15, Norwood 10, West 5.

UNDER-19

Norwood 31.12 (198) d Glenelg 10.7 (67), Eagles 18.8 (116) d Port 6.4 (40), West 17.22 (124) d Central 7.5 (47), South 18.23 (131) d North 8.6 (54).

Premiership table: South, Norwood 32, West 30, Central 24, Eagles 22, Port 16, Glenelg 14, Sturt 6, North 4.

UNDER-17

Norwood 12.17 (89) d Glenelg 8.11 (59), Eagles 8.13 (61) d Port 7.4 (46), Central 11.3 (69) d West 9.10 (64), South 12.14 (86) d North 10.16 (76).

Premiership table: Central 36, South 28, North, Sturt 24, West 22, Eagles 16, Norwood 12, Port 10, Glenelg 8.

SANFL PLAYER OF THE YEAR

GLENELG v NORWOOD

William Neely (Glenelg)	3
Heath Culpitt (Glenelg)	2
Aidan Parker (Glenelg)	1

EAGLES v PORT ADELAIDE

Nigel Fiegert (Port Adelaide)	3
Brett O'Hara (Eagles)	2
Gavin Colville (Eagles)	1

CENTRAL DISTRICT v WEST ADELAIDE

Salim Hassan (West Adelaide)	3
Simon Arnett (Central District)	2
Marco Bello (Central District)	1

SOUTH ADELAIDE v NORTH ADELAIDE

Jason Torney (South Adelaide)	3
Clinton King (South Adelaide)	2
Ben Hudson (North Adelaide)	1

FINAL STANDINGS - 19: Salim Hassan (West). 16:

Jade Sheedy (Sturt). 15: Matthew Slade (Central). 13: Heath Culpitt (Glenelg). 12: Darryl Wintle (North), William Neely (Glenelg). 11: Paul Thomas (Central), Mark McKenzie (Eagles), Clinton King (South). 10: Chris Gowans (Central). 9: Andrew Beveridge (Sturt), Brett Backwell (Glenelg), Chris Ladhams (North), Tyson Hay (Central), Shannon Rusca (West), Brett James (Norwood), Gavin Colville (Eagles). 8: Daniel Schell (Central), Simon Feast, Andrew Whiteman (Sturt), Hayden Skipworth, Mathew Stokes (Eagles), Shannon Motlop (North), Nigel Fiegert (Port).

Anthony

BARICH

A CHANGE is as good as a holiday - just ask the Bays.

After concern from players about excessive time spent at the club, following the second bye, Glenelg coach David Noble changed their training from Mondays, Wednesdays and Fridays to Mondays, Tuesdays and Thursdays, allowing players to rock up for the weekend's games fresh to play.

After setting a target of winning eight to 10 games this year - enough to make them a smokier for the finals - the Bays were well short, notching three from their first 12 games before their second bye. Initially it looked like a disastrous decision, losing by three goals to West before the disgraceful 104-point hammering at the hands of lowly Norwood in round 16, when Glenelg scored a solitary goal.

Then, suddenly, the Bays clicked. A six-point loss to highly-ranked Sturt was followed by a stunning win over premiers favourites the Eagles, who had won 12 straight in the first half of the season.

They were comfortably beaten by Central the next week - but so were most teams - and wins against South, North then Norwood on Saturday saw the Bays win a hat-trick of games for the first time since 1999.

The structural change in training saw a focus on simple skills but maintaining them over longer periods of time - resulting in sustained intensity in matches.

Noble said the changes were made in part to benefit the senior players.

"Some of the players were concerned about the longevity they spend at the club," Noble said. "If you train on Friday, you probably feel like you never have a break - you play Saturday, rehab Sunday, back to the club on Monday. Now they have Friday off, they can have some time away from the place and they just feel like they're fresh when they get to the game on Saturday, so it's all good."

And all signs are pointing at a continued push up the ladder in 2005, with Heath Culpitt, who racked up 32 disposals against Norwood, signed to play for the Bays next year. Saturday's best-on-ground Billy Neely, who had a staggering 18 kicks and 28 handballs, Trevor Cranston and Brett Backwell are all in discussions with Glenelg to continue.

"They're important to us because they've worked through the hard times as much as I have," Noble said. "We've scrapped and fought to get to where we are now and once we get a couple of key forwards in we've got a pretty good future at the club. Our backline played the best it has for the year."

Noble, a former assistant coach at the Western Bulldogs, has told the Crows of his big raps on elevated rookie Aidan Parker, who was superb at centre half-back on Saturday.

"I certainly think there's a place for him on an AFL list," Noble said. "They could play him off half-back or in a back pocket, or with the right match-up he could pinch-hit at centre half-back from time to time."

"I think he's got a clever brain and can assess the time to step off and when to stay on his man."

SCOREBOARD 1 2 3 4

GLENELG	3.5	7.6	14.10	17.16	(118)
NORWOOD	1.2	3.3	6.3	8.5	(53)

BEST - Glenelg: Neely, Culpitt, Parker, Backwell, Salopek, Cranston, McEntee. **Norwood:** B. James, Borlace, Hazell, Gallagher, Dawes.

SCORERS - Glenelg: Cook, Allison, Duldig 3.1, Vlatko 3.0, Miller 2.1, Culpitt 1.3, McEntee, Block 1.0, Neely 0.2, Backwell 0.1, rushed 0.6. **Norwood:** Gunning 2.1, Hazell 2.0, Bartemucci 1.2, Patfull 1.1, B James, Verco 1.0, Grundy 0.1.

INJURIES - Glenelg: Salopek (corked hip).

UMPIRES - C. Rowston, D. Kowal, C. Bowen. **CROWD -** 2097 at Adelaide Oval.



GLENELG

	Kicks	Mks	Hbl	F/for	F/og	Gls	Pts	H/O	Tkl
COOK	12	3	4	1	0	3	1	0	1
GOLDING	2	1	2	1	0	0	0	10	1
SALOPEK	18	6	8	0	2	0	0	0	1
ALLISON	9	4	0	0	0	3	1	0	0
DULDIG	5	5	2	2	2	3	1	0	0
BLOCK	11	4	7	0	0	1	0	0	2
MOORE	13	6	4	0	0	0	0	0	1
NEELY	18	13	28	1	3	0	2	0	1
McENTEE	13	9	7	0	2	1	0	0	1
STATHAM	10	6	6	1	0	0	0	0	2
PARKER	15	6	8	1	0	0	0	0	1
MILES	10	7	6	0	0	0	0	0	0
JAMIE VLATKO	4	4	2	0	2	3	0	0	1
SHERWOOD	5	3	4	1	0	0	0	0	0
MILLER	16	6	2	0	0	2	1	1	0
CRANSTON	6	1	10	0	1	0	0	16	2
CULPITT	21	9	11	0	3	1	3	1	0
BACKWELL	18	7	11	0	0	0	1	0	2
HORAN	3	2	2	0	1	0	0	0	0
RAIDIS	3	4	5	0	0	0	0	0	0
D. REAVILL	3	2	5	0	0	0	0	0	0
Totals	215	108	134	8	16	17	16	28	16



NORWOOD

	Kicks	Mks	Hbl	F/for	F/og	Gls	Pts	H/O	Tkl
BARTEMUCCI	10	5	6	0	0	1	2	0	0
PATFULL	11	6	4	1	1	1	1	0	3
THOMAS	4	4	6	2	0	0	0	0	0
GALLAGHER	13	3	9	2	0	0	0	0	1
GRUNDY	6	4	5	0	0	0	1	1	0
BRATTON	7	4	6	0	0	0	0	0	2
BODEN	11	5	4	1	0	0	0	0	0
CAMPBELL	4	6	6	0	0	0	0	0	1
CLEMENTS	3	3	5	0	0	0	0	0	1
B. JAMES	18	4	14	1	0	1	0	0	2
GIBSON	4	2	2	0	2	0	0	2	3
HAZELL	13	7	5	2	2	2	2	0	3
NITSCHKE	6	4	3	0	0	0	0	0	3
DANIELS	5	2	0	1	1	0	0	2	1
DAWES	9	1	10	3	0	0	0	0	5
CALABRESE	1	0	1	0	0	0	0	15	1
LEWIS	0	0	4	0	1	0	0	0	2
BORLACE	16	2	11	1	0	0	0	0	1
ROBRAN	2	1	4	1	1	0	0	2	0
VERCO	8	8	4	0	0	1	0	0	1
GUNNING	11	5	4	1	0	2	1	0	0
Totals	162	76	113	16	8	8	5	22	30